

LatinosAgainstAlzheimer's

A Network of UsAgainstAlzheimer's

#HispanicHeritageMonth2020 Reading List

Must Read Opinion Pieces by Latin@ Researchers, Advocates, and Caregivers

[Op-Ed: We don't know enough about Latinos and Alzheimer's, and that's a huge problem](#) –

Los Angeles Times – February 19, 2020

Hector M. González, Associate Professor of Neurosciences, UC San Diego.

Twitter: @UCSDnews

[A road map for including Latinos and African Americans in Alzheimer's research](#) – Stat –

October 11, 2019

Jason Resendez, UsAgainstAlzheimer's Center for Brain Health Equity

Twitter: @jason_r_dc, @USA2_Latinos

[Alzheimer's affects us all. Californians need to prepare](#) – Cal Matters – November 17, 2019

Dr. María P. Aranda, PhD, member of the Governor's Task Force on Alzheimer's Prevention and Preparedness, an associate professor at the USC Suzanne Dworak-Peck School of Social Work, executive director of the USC Edward R. Roybal Institute on Aging.

Twitter: @USCRoybal

[Opinion: What 'Coco' can teach us about dementia](#) – Arizona Daily Star – April 18, 2018

Dr. Adriana Perez helped launch the National Association of Hispanic Nurses' Check for Life program in Arizona. Jason Resendez leads the UsAgainstAlzheimer's Latino Network and the LatinosAgainstAlzheimer's Coalition.

Twitter: @AdrianaPerez98

[KU needs you to help Latinos — and everyone else — fight Alzheimer's disease](#) – The Kansas City Star – April 16, 2018

Dr. Jaime Perales Puchalt, PhD, MPH, Assistant Professor, KU Alzheimer's Disease Center

Twitter: @JaimePeralesPu, @KUALZ

[My Dad Was Diagnosed With Early-Onset Alzheimer's and I'm Only 26—Here's What Taking Care of Him Is Really Like](#) – Health – December 21, 2017

Lisette Carbajal, Millennial Caregiver Advocate

Twitter: @ohmylisette

[As my grandmother's world darkens, Medicaid helps preserve her dignity](#) – CNN – June 23, 2017

Marisol Bello is a first-generation child from an immigrant family. She is the director of content strategy and development for the Center for Community Change.

Twitter: @Marisol_Bello

[The Lonely Road For Latinos With Alzheimer's Disease](#) – Huffpost – May 8, 2017

Yvonne Latty, Caregiver Advocate

Twitter: @yvonnelatty

[U.S. Latinos and Alzheimer's Disease: A Looming Crisis](#) – Huffpost – September 27, 2016

Dr. William Vega, PhD, Board Member, UsAgainstAlzheimer's; Emeritus Provost Professor, University of Southern California

Twitter: @USCRoybal

[Daisy Duarte: Alzheimer's stole my mom's memories and mine are next](#) – The Kansas City Star – December 8, 2015

Daisy Duarte, Caregiver Advocate

Twitter handle suggestion: @USA2_Latinos

Must Listen Podcasts Exploring the Latin@ & Afro Latin@ Alzheimer's Experience
[Alzheimer's in Color](#) – Latino USA – September 11, 2020

When Ramona Latty —a then 84-year-old Dominican immigrant living in the Bronx— was diagnosed with Alzheimer's disease, she was told to "Google it" for more information. Her daughter Yvonne Latty, by this point a mother herself, a journalist, and a university professor, was also in the room.

Twitter handle: @yvonnelatty

[What If I Get Alzheimer's Too?](#) – Latino USA – December 18, 2015

Five years ago, Daisy Duarte's mom started acting a little differently. Her mother had just lost her job, and the family thought it might be depression. But one night, things got a lot more serious and then they learned the diagnosis: early onset Alzheimer's disease.

Twitter handle suggestion: @USA2_Latinos

Must Watch Interviews and Documentaries Featuring Latin@s on the Frontlines of Dementia

**[Giving Voice to What Matters Most: Dementia's Not What You Think It Is](#) –
UsAgainstAlzheimer's – September 4, 2020**

UsAgainstAlzheimer's "Giving Voice to What Matters Most" series features the stories of people who are living with dementia or at high risk for the disease. Tracey Lind, Daisy Duarte and Greg O'Brien recently met by Zoom to talk about issues that are important to them.

Twitter: @Traceylind, @OnPlutoOB, @USA2_Latinos,

[Martin Gives a Care](#) – Vimeo – September 4, 2018

Becoming full-time caregivers was not what Daisy Duarte and 19-year-old Martin Prado had planned. Yet Daisy's daily schedule in Springfield, Mo., now revolves around caring for her mother, and Martin volunteered to help Aunt Daisy as his grandmother needed more care. Whether it's feeding her meals or making sure she's safe, Daisy and Martin strive to adapt to their loved one's changing needs. It's a difficult job that many do with love, responsibility, and honor

Twitter handle suggested: @USA2_Latinos

[Lisette Gives A Care](#) – Vimeo – July 9, 2018

Lisette Carbajal's father got sick during her third year in college. She finished her degree, but life was a logistic and emotional balancing act. Eventually, Lisette's dad's needs exceeded what the family could provide at home, and he moved into a full-time care facility. Now 27 years old and living in Richmond, Va., Lisette has a career and fiancé, and is still her dad's caregiver, his "person." She finds comfort in knowing that many Millennials like her are navigating caregiving and becoming on-the-job experts.

Twitter: @ohmylisette

[Lost Memories](#) – Youtube – August 1, 2017

The Ramirez family faces the challenges of Alzheimer's when Grandma Gloria receives a diagnosis. But they don't have to face it alone... They connect with a local nonprofit for their free programs and services.

Twitter: @AlzheimersLA

[PBS documentary Alzheimer's Every Minute Counts \(English\)](#) – PBS – January 25, 2017

Every Minute Counts is an urgent wake-up call about the national threat posed by Alzheimer's disease. Many know the unique tragedy of this disease, but few know that Alzheimer's is one of the most critical public health crises facing America.

Twitter: @PBS

[Alzheimer's: Every Minute Counts \(en Español\)](#) – PBS – January 25, 2017

Cada Segunda Cuenta es una alerta urgente contra la amenaza nacional que es el Alzheimer. Muchos conocen la tragedia única de esta enfermedad pero pocos saben que es una enfermedad de las mas crítica problemática de salud pública en los Estados Unidos

Twitter: @PBS
